



Exploring Your Local Health Services

Barnet 1st Feb 2018

Anna Gill OBE, Contact Associate



Welcome and housekeeping



What we are the aims of today?

An opportunity to

- Meet local health professionals
- Hear about the local health services, recent and future changes
- Share your views, suggestions and ideas
- Work together as parent carers and health professionals to explore how we can work in co-production to improve outcomes for children with SEN and Disabilities in Barnet



Outline of the day

10.00 Welcome and housekeeping

Aims and outline of the day

How we are going to work together

Introductions

10.20 National picture – Anna Gill

10.40 Local picture – Zoe Garbett and Katalin Schneider

11.30 Round table group discussions

12.15 **Lunch**

12.45 Second round table group discussions

13.40 Round up of key messages- where do we go from here

14.00 Conference ends - but feel free to stay until 3 pm



Working together agreement

We will all:

- Respect each other
- Give each other time to talk
- Understand that we do not all have the same views, or experiences but that all opinions are valid
- Try to understand each other's challenges

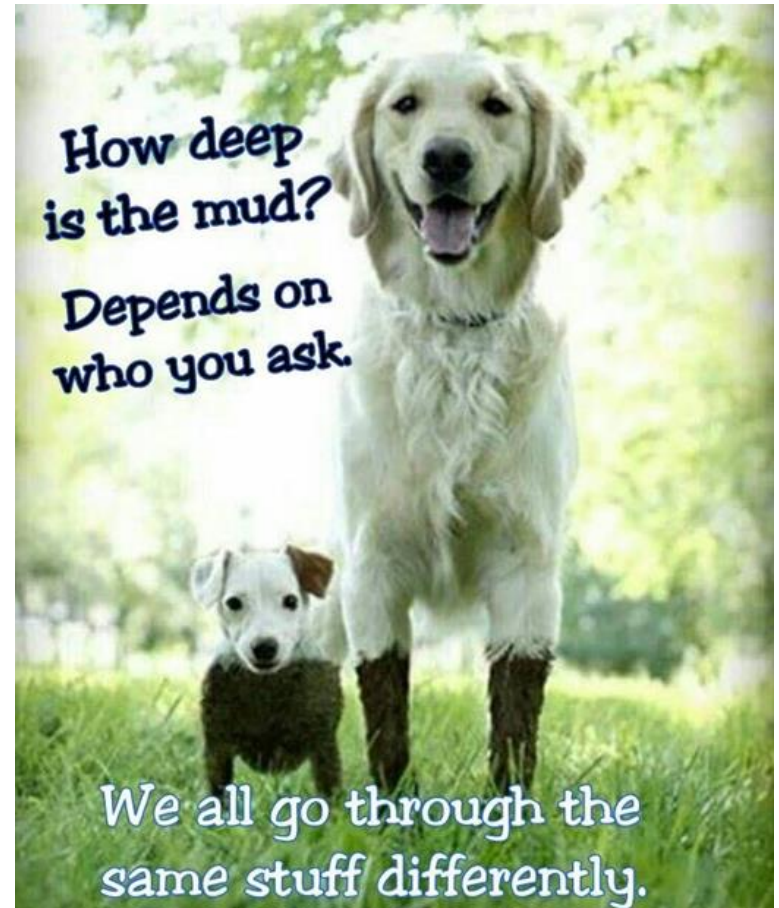
We will all try not to:

- Make discussions or comments too personal
- 'Hog' the conversation around the table
- Make promises we can not keep
- Dwell on the past! (But instead will consider how we can work together in the future)



Introductions: Parent Carers

Who are they?



Introductions – health partners



Barnet Clinical Commissioning Group



The SEND Reforms



Children and Families
Act 2014

A new focus on:

- Voice
- Aspirations
- Outcomes

- Not just for those with an Education Health and Care Plan!



The Children and Families Act 2014

New duties include:

- Section 19 - 'having regard to' the voice of the child, young person and their parents
- Publishing a Local Offer
- Joint working/joint commissioning
- Education, **Health** and Care Plans

New roles include:

- Designated Medical Officer



Local Area SEND Inspections

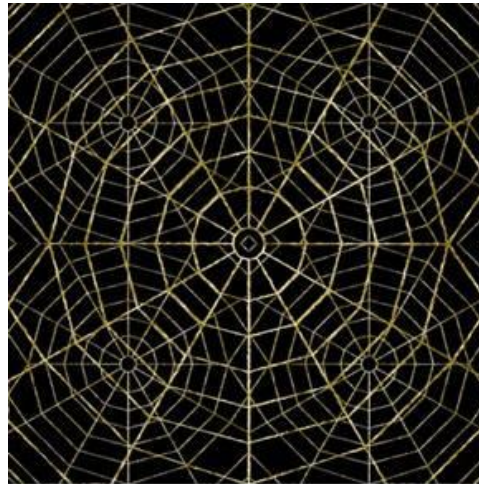
Looking at local area's effectiveness in these key areas:



- identifying children and young people's SEND
- meeting the needs of children and young people who have SEND
- improving outcomes for children and young people who have SEND.



Why is understanding 'health' seen as such a challenge?



Kings Fund video

[Kings Fund video](#)





NHS
Barnet Clinical Commissioning Group



Barnet Health Services Overview

Zoë Garbett, Barnet CCG - Senior
Children's Joint Commissioner &

Dr Katalin Schneider, Designated
Medical Officer for SEND in Barnet

1st February 2018
Barnet Health Conference

Barnet Clinical Commissioning Group (CCG)

- » Responsible for commissioning healthcare for Barnet from April 2013
- » Children's joint commissioning unit
- » Working at a local and regional level



**WORKING
TOGETHER**

Our vision is to work together with the Barnet population to improve health and wellbeing



Context in Barnet

- » Separate agencies & organisations
- » Based at various locations across Barnet
- » Use of different electronic systems
- » Excellent working relationships
- » **Multi-agency Intake Meeting**



Conflicts and Confusion between Parents and Systems



Paediatrics

Royal Free London 
NHS Foundation Trust

CAMHS

Barnet, Enfield and Haringey 
Mental Health NHS Trust

A University Teaching Trust

+ other providers

Physio & Occupational Therapy;
Community Nursing &
Continuing Care

Central London Community Healthcare 
NHS Trust

Your healthcare closer to home

SLT

East London 
NHS Foundation Trust

**Specialist Inclusion Services &
Pre-school Teaching Team**



— with —



Referrals

- **Single Referral Form** to all above mentioned children's services (except for CAMHS)
- Weekly **Multi-Agency Intake Meeting**
- Paediatricians & CAMHS also have joint meetings

Criteria for Health Services:

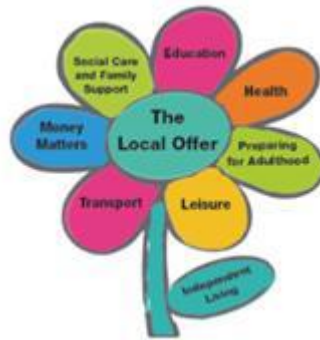
- **GP (/or resident)** within the London Borough of **Barnet**
- **Age 0-18(19) years**
- **Developmental concerns**



Improving
coordination
and access
to services

Referral Forms

www.barnet.gov.uk/child-development-service



Self-referral possible for most services 😊

[Note: criteria may vary whether registered with GP / or resident in Barnet]

Local Offer

Children, young people and families

Local Offer and SEN

[Local Offer events](#) +

[You Said, We Did](#)

[Early Years](#)

Health

[Social Care and Family Support](#)

[Education](#) +

[Education Health and Care Plans \(EHCP\)](#)

You are here: [Home](#) > [Our services](#) > [Children, young people and families](#) > [Local Offer and SEN](#) >

Health in the Local Offer

Children with special educational needs and disabilities (SEND) will often need support from different health services at different stages in their lives.

What health services are available?

Barnet has a vast range of health services for children and young people from 0-25 years including GPs, pharmacists, dental services, optometrists and hospital services - available to everyone based on the individual's health needs.

Children with special educational needs and disabilities are able to access these services directly without needing to go through any kind of referral. These services are known as 'universal' in that they are available to everyone.



Local Offer

Practitioner Guidance

Child development service

Child development service referral information

Child development service

The Barnet Child Development Service is a multi-agency collaboration between local teams with expertise in child development (medical, nursing, therapy, education and social services).

The service aims to ensure that all referrals are dealt with as promptly as possible and are seen by the right people in the right place. Professionals and parents/carers should use the [referral form](#) and also attach all other relevant reports/documents.

Please note: data protection

For confidentiality purposes, the referral form can only be sent to some of the services secure email address .

For those services who do not have a secure email address, please print and complete and send by post (preferably by recorded delivery) to one of the services you are seeking using these [contact details](#). The contact details are also shown at the bottom of the referral form.

Please see the [referral information](#) page for more detailed guidance.

Local Offer directory

Suggest an entry

[The Local Offer](#) gives children and young people with special educational needs or disabilities and their families information about what support services the local authority expects will be available in their local area.

16 result(s) found

[Aspire National Training Centre](#)

Local Offer

Health

0 to 5 (Pre-School Age)

5 to 11 (Primary School Age)

11 to 16 (Secondary School Age)

14 to 19 (Young Adults)

[Barnet Developmental Paediatrics](#)

Local Offer

Health

0 to 5 (Pre-School Age)

5 to 11 (Primary School Age)

11 to 16 (Secondary School Age)

14 to 19 (Young Adults)

[CLCH - Services to children with complex health needs](#)

Local Offer

Health

0 to 5 (Pre-School Age)

5 to 11 (Primary School Age)

11 to 16 (Secondary School Age)

14 to 19 (Young Adults)

[CLCH NHS Trust - Children and Young People Occupational Therapy](#)

Local Offer

Health

0 to 5 (Pre-School Age)

5 to 11 (Primary School Age)

11 to 16 (Secondary School Age)

14 to 19 (Young Adults)

[CLCH NHS Trust - Children and Young People Physiotherapy](#)

Local Offer

Health

0 to 5 (Pre-School Age)

5 to 11 (Primary School Age)

11 to 16 (Secondary School Age)

14 to 19 (Young Adults)

Developmental Paediatrics - Referrals

- **Referrals** accepted from GP, other health professionals or educational professionals.
- **Criteria:**
 - <7years – neurodevelopmental concern
 - CYP with complex disability (0-18/19yrs)
 - School age children w unexplained LD (Note: no cognitive assessment in the Dev. Paeds. service)
 - Medical health assessment for EHCP

Role of Developmental Paediatrician

- Assessment and Diagnosis of medical and neurodevelopmental conditions
- Investigations and Referrals
- Medical management and review of children with long term and disabling conditions (in the local area this is restricted to complex and physical disabilities)
- Health Care plans specifying the type and level of support required to meet the medical needs of pupils with medical conditions – e.g. Epilepsy

Conditions - examples

- » Genetic disorders/ Syndrome diagnosis
- » Motor disorders – cerebral palsy, neuromuscular disorders, musculoskeletal conditions
- » Acquired brain injury (trauma, tumour, stroke, infection)
- » Communication disorders
- » Autism spectrum condition (children < 7 yrs)
- » Global developmental delay / Learning disability
- » Epilepsy + developmental problems
- » Behavioural issues and attention & concentration difficulties (children < 5 yrs)
- » Vision and hearing difficulties + developmental problems

Contact details

Child Health HQ

Edgware Community Hospital

Burnt Oak Broadway, Edgware, HA8 0AD

Appointments co-ordinator: 0203 758 2420

(Clinics also held at Barnet General Hospital and at Oak Lane Clinic)

Referral E-mail for Child Development Clinic:

Rf-tr.childdevreferrals@nhs.net

Services Provided by Central Community Healthcare NHS Trust

Universal

Health Visiting
School Nursing

Specialist

Specialist Nurses
Physical Therapies (OT and PT)
Home Enteral Feeding
Orthotics

Specialist Nursing Services



Barnet
Community Healthcare



- ❖ Special Schools Nursing Team
 - ❖ Continuing Care Team
- ❖ Additional Health Needs Nursing

Special Schools Nursing Team

- Nurses and Healthcare Assistants
- All maintained Special Schools and Nursery



- **Referrals:** by Parent/Carer and school staff; via the school (can request for a School Nurse to contact the family)
- **Contact:** Oak Lane Clinic, Tel: 0208 349 7018
E-mail: CLCHT.spschnursing.barnet@nhs.net

Continuing Care Team

- » 0-19 yrs individualised assessment and personalised care packages for CYP with complex health needs
- » Nurses and Healthcare Assistants
- » **Referrals:** Barnet Child Development Service Referral Form
- » **Contact:** Oak Lane Clinic
- » Tel: 0208 349 7066
- » E-mail: CLCHT.complexcareteam@nhs.net

Additional Health Needs Nursing

- » 0-19yrs CYP in Barnet school with complex / additional health needs (not in Special School and not under Continuing Care Team)
- » **Referral:** Barnet Child Development Service Referral Form (by anyone)
- » **Contact:** Oak Lane Clinic
- » Tel: 0208 349 7018
- » E-mail: CLCHT.complexcareteam@nhs.net



Occupational Therapy & Physiotherapy

- » **Criteria:** Barnet GP
- » **Referral:** anyone, Barnet CDS Referral Form
- » Functional needs



- » **Contact:** Oak Lane Clinic
- » Tel: 0208 349 7085

Home Enteral Tube Feeding Dietitian

- » 0 – 19 yrs, partial or full enteral tube feeding at home
- » **Referral:** by professionals, usually discharging hospital dietitian or when children transition to Barnet.
- » **Contact:** Oak Lane Clinic
- » Tel: 0208 349 7060
- » E-mail: CLCHT.paediatricnutrition@nhs.net



Orthotics

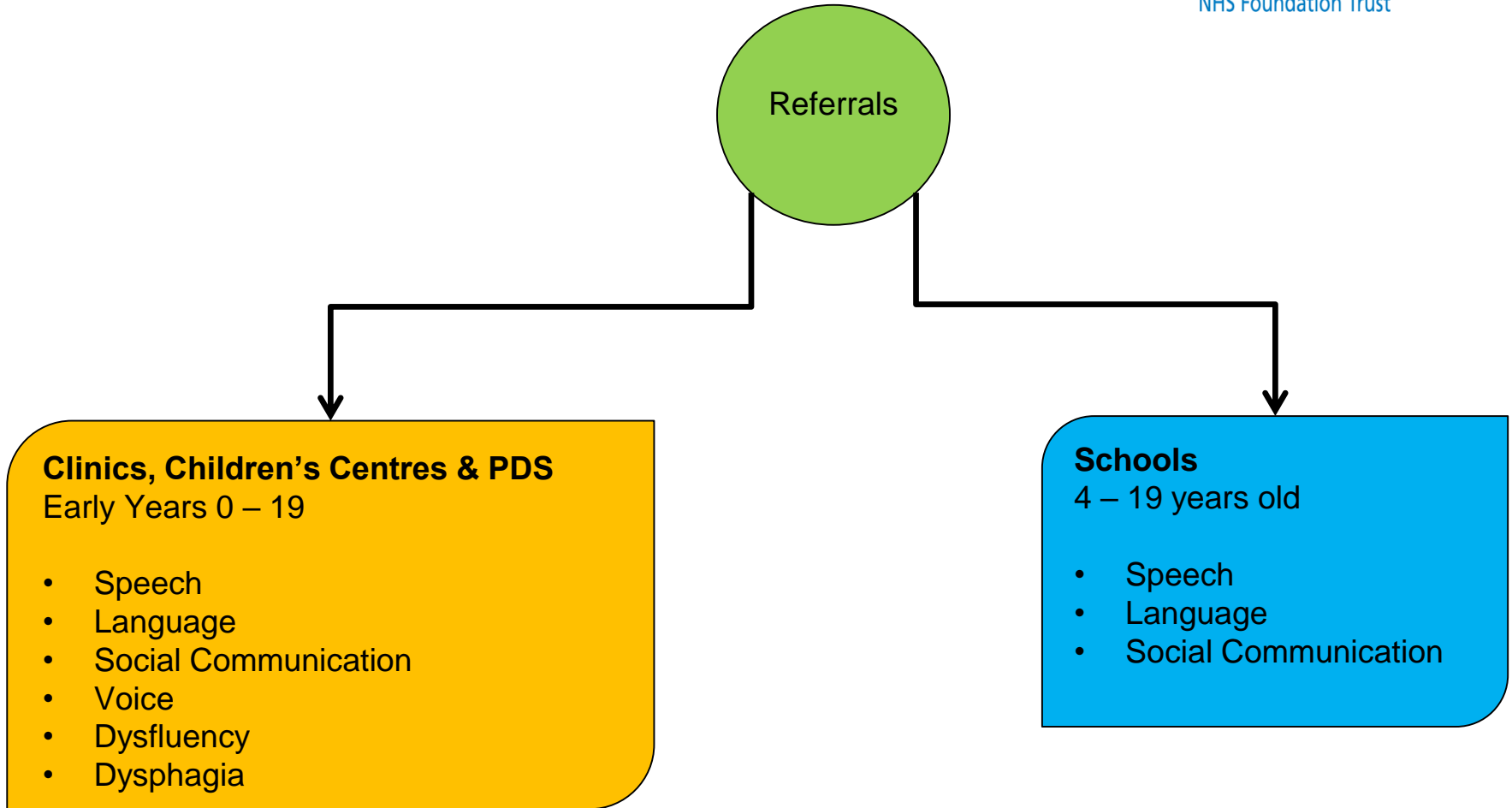
- » **Referral:** by Physiotherapist – in consultation with Parent/Carer
- » **Contact:** Oak Lane Clinic
- » Tel: 0208 349 7057



Speech and Language Therapy in Barnet

- **Criteria:** 0-19yrs, Barnet GP / or resident in Barnet
- Children who attend Barnet schools (not registered with Barnet GP / not resident in Barnet) – access universal services
- EHCP / reciprocal arrangements between CCGs / LAs – targeted, specialist support
- **Referral:** Barnet Child Development Service Referral Form

Delivery of SLT



Therapy Model (SLT)

- **Assessment:** including EHCPs
- **Specialist – Targeted – Universal**
 - Direct therapy: 1:1, Paired, Group
 - Classroom Support
 - Staff and Family Training
 - Toolkit



Working in Partnership

- Communication needs – identified and prioritised jointly:
School & Parent & SLT
- SLT provide expert knowledge and advice to support CYP
- Recommendations made should be mutually agreed and carried out in school and at home
- Targets need to be integrated into the classroom



Barnet CAMHS

The Tavistock and Portman **NHS**
NHS Foundation Trust

Barnet, Enfield and Haringey **NHS**
Mental Health NHS Trust

Royal Free London **NHS**
NHS Foundation Trust

A University Teaching Trust

- **Child and Adolescent Mental Health Services**
- Assessment and treatment of young people with emotional, behavioural or mental health difficulties
- Team: Child and Adolescent Psychiatrist, Clinical Psychologist, Psychotherapist, Family Therapist, Counsellor, Clinical Specialist Nurses, Support Workers



Types of need

- » Emotional difficulties (e.g. anxiety, depression, phobias, obsessive compulsive disorder and school refusal)
- » Behavioural issues (e.g. ADHD)
- » Eating and feeding disorders
- » Severe psychiatric illness (e.g. psychosis)
- » Self harm or risk of self harm (please note that all those who have taken overdoses should be taken to the local A& E department)
- » Trauma including post traumatic stress disorder (PTSD) and trauma following abuse
- » Sleeping, feeding and behavioural difficulties in under 5's that result in severe disruption of family life and development
- » Difficulties arising from conditions such as autism, learning disability

Barnet CAMHS

- » **Eligibility**: 0 – 18 yrs, resident in Barnet
- » **Referral**: GP / School / Social worker / other health care or social care professional, improved self-referral
- » **CAMHS ACCESS** – Single Point of Referral

Improved:

- » Access – referral, online, earlier help, outreach
- » Joint working between teams and professionals

RESILIENT SCHOOLS

The diagram features a horizontal teal bar at the top labeled 'RESILIENT SCHOOLS'. Below this bar, three colored boxes are arranged horizontally: a purple box on the left labeled 'Resilient Children', a green box in the middle labeled 'Resilient Staff', and a yellow box on the right labeled 'Counselling, Therapy and Liaison Support'. Three teal arrows point upwards from each of these boxes towards the 'RESILIENT SCHOOLS' bar. On the far left, a large teal arrow points downwards from the top bar.

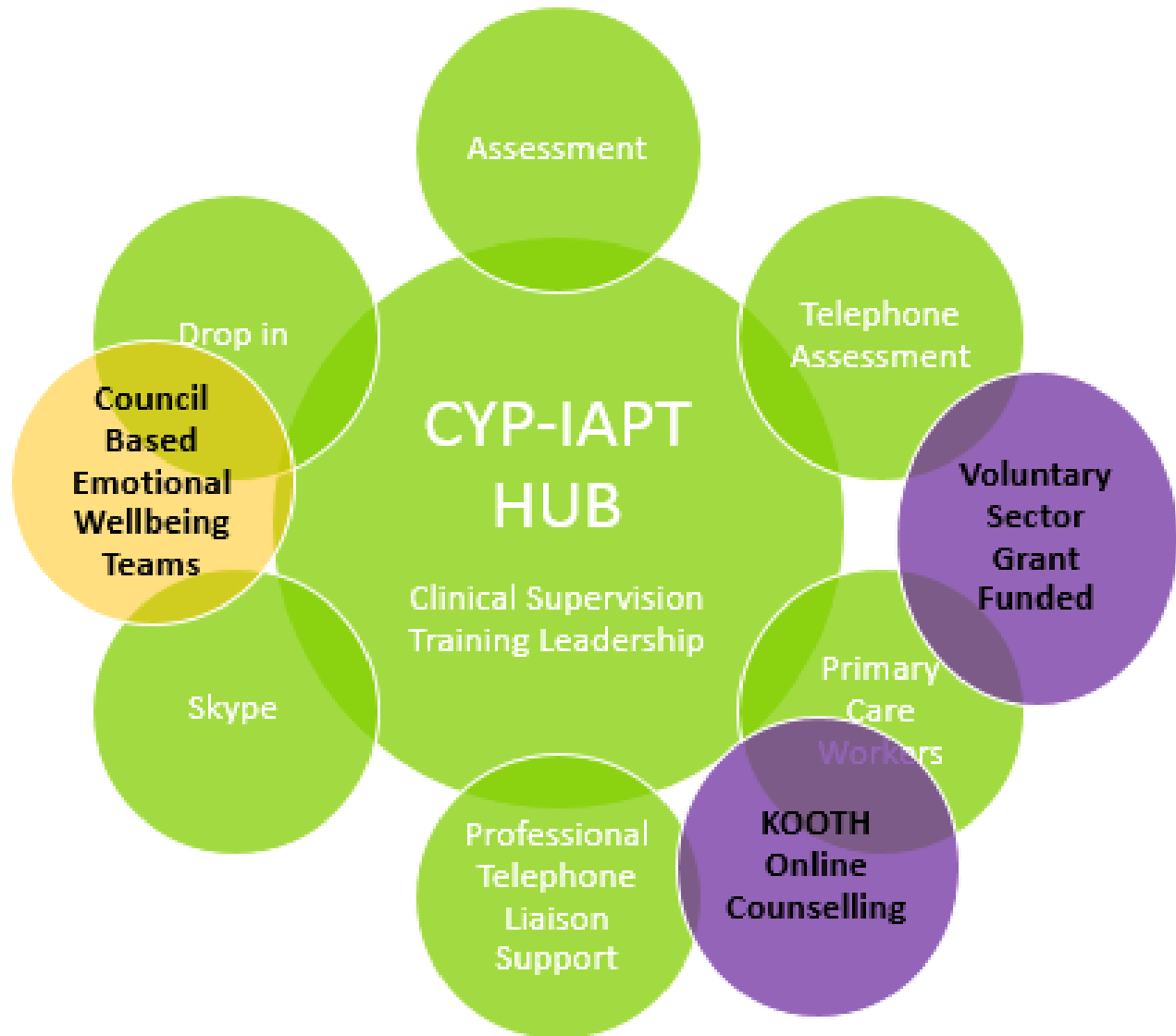
Resilient
Children

Resilient Staff

Counselling,
Therapy and
Liaison Support

Community (or Locality) Based Emotional Wellbeing and Mental Health

Children
Hubs



THRIVE IN RECOVERY



Waiting times (all services)

- Ideally max. 16 – 18 weeks
- Waiting time initiatives & restructuring
- Child Health Strategy – current gov. – not a priority – challenges for services – fragmented changes
- Children and Families Act, Section 19. - Children and Families at the heart – changes take longer
- Assessment overload – often lack of resources for provision
- Large caseloads – restricted professional capacity

- Innovation
- Coordination
- Patient/Parent Involvement

CCG plans and ambitions

- Vision and challenges
 - Join up – provision and pathways
 - Resource / Capacity
- New provision:
 - Integrated Therapies
 - Intake
 - CAMHS
- Future – be involved via Barnet Parent Carer Forum



Oh the places you'll go,
Today is your day!
Your mountain is waiting,
So ...get on your way!

--Dr. Seuss



Group discussions

Groups:

- ASD and associated conditions
- Delayed Development/Learning Disability
- Physical disability/Complex Health Needs
- Behaviour/Mental health and wellbeing



Group discussions

1. What makes **good** health provision?
2. What **outcomes** should health services deliver for Children and Young People with SEND?
Parent Carers?
3. What is currently **working / not working** about health services in Barnet?
4. What **changes** would you like to see made to the health provision offered in Barnet?



Where do we go from here...

- Key messages from today
- What happens next?





‘If you want to know how well a pair of shoes fit you ask the person wearing them not the person who made them, or paid for them.’

Anon



Barnet Parent Carer Forum

To find out more and contact the Forum:



Barnet Parent Carer Forum

Website www.barnetpcf.org.uk

Email info@barnetpcf.org.uk

Phone 07468 029 705

